

2021 IHSA Cross Country State Final Meet Procedures

PROHIBITION OF UNAUTHORIZED RACES/TIME TRIALS DURING STATE SERIES EVENTS: The conduct and participation in races/time trials at state series sites is prohibited.

At regional/sectional events: It will not be legal for host managers to allow high school athletes/coaches to conduct or participate in open races/time trials on the day of actual regional/sectional competition.

At the state finals:

It will not be legal for anyone to conduct open races/time trials for high school athletes/coaches in Detweiller Park during the days preceding the state finals. This includes Friday before the state finals and Saturday of the state finals.

Practice: Friday at 1:00 pm: The course will be open for practice **ONLY FOR STATE QUALIFIERS AND CERTIFIED COACHES LISTED IN THE IHSA OFFICIAL LIST OF PARTICIPANTS**, weather permitting, until dark. **ALL COACHES AND ALL ATHLETES FROM ANY SCHOOL VIOLATING THIS RULE ARE SUBJECT TO IMMEDIATE DISQUALIFICATION FROM THE STATE FINAL RACES ON SATURDAY! NO RACES OR TIME TRIALS ARE ALLOWED ON THE STATE FINAL COURSE FOLLOWING SECTIONALS. THE COURSE IS OPEN FOR WORKOUTS BY STATE QUALIFIERS ONLY.**

Team Packet Distribution

- 1) Each school will pick up their Team or Individual packet either on Friday or Saturday morning.
- 2) The packet will include meet information, bib numbers, hip numbers, safety pins, qualifier pins etc. Coaches are not to issue the bib numbers to their athletes until the team arrives at the course on Saturday. Replacing lost or broken bibs is a time-consuming process and your athlete could miss the start of their race. Wait until you arrive at the park to distribute!
- 3) Each runner will be assigned the following items:
 - a) 1 Bib numbers with competitor number (front, 4 safety pins for bib).
 - b) 2 Hip numbers with competitor number (one for each hip).
- 4) No runner will be allowed to start a race without their bib held in place by 4 pins and hip numbers. The clerks will check in the runners for each race.
- 5) **Pre-race meeting:** All head coaches will attend a meeting, 30 minutes before the start of the girls' race in each class, with the meet referee, assistant meet referee, or the head meet official to discuss check in, starting, and finish line procedures. If a coach attended one of the meetings on Friday afternoon (2:00 or 3:00 p.m.) he/she does not need to attend the meeting held prior to the start of the race on Saturday.

Finish Line Procedure

- 1) **Finish Line Area:** Will be set up as a large fenced in area, able to hold all officials, vans, cameras, timers, first aid workers, etc.
- 2) **Finish Line:** The actual line will be 15 feet wide and will be located on the inner edge of the first of two sensor coils. The area around the finish line will be restricted both in front and behind the line by at least 5 feet.
- 3) **Finish:** Each runner will finish the race when the torso crosses the finish line.
- 4) **Time/Place:** The bib will activate the time for each runner as they cross the sensor coils. The place will be determined by video review.
- 5) **Time Backup:** Two timers will be located at the finish line to serve as backup timing.
- 6) **Place Backup:** Multiple Cameras will be used as a backup along with finish line judges. Two finish line judges will be in place at the finish line to confirm the order of finish for each race.
- 7) **Chute:** The chute will be open at least 25 feet wide at the finish line and expanded to at least 30-40 feet wide after the finish line. The length of the chute will be at least 50-75 feet long and angled toward the southeast corner of the finish line area as it leads the runners out of this area.
- 8) **Refreshments:** Liquid refreshments will be available in the area at the end of the chute as it leads the runners out of the chute.
- 9) **Video Review-** All races will be reviewed to confirm the placement of each runner. When the finish is confirmed, the meet referee will be notified.
- 10) **Scoring Certification-** After the meet referee receives the results, confirms the team scores and the placement of each runner, checks for any disqualifications, he/she will certify, sign, and post the final official results. Results will be posted on the IHSA website and on the electronic scoreboard at Detweiller Park.

Scoring Procedures

- 1) As the runners cross the sensor coils, the bib attached to each runner will activate, giving each runner the time. The torso will be used for the actual finish of each runner.
- 2) As the runner crosses the finish line, a camera will record the runner's bib number for review and confirmation of each runner's place.
- 3) When the video reviews have been completed, and adjustments made as needed, the meet referee will sign the results indicating that they are officially approved.
- 4) The results will be posted after the results have been certified on the scoreboard at Detweiller Park. Unofficial results will not be posted. The official results will then be posted on the IHSA Cross Country Website under State Series Information and results.